

STEMillions+

Stemettes in their millions - STEM related activities, in school based clubs, providing STEM role models and building a network of girls, women and young people in STEM.

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A 10-Step Guide to Making your Short Stemillions Film

Whatever your experience of filming, we want the girls to hear from you!

This brief guide will tell you exactly what to include in your Stemillions video.

Stemillions is all about young people being exposed to STEM women just like you. These introductory videos will feature in the Stemillions meal plans (activity packs) which will be sent to the clubs once a week. The meal plans are made up of these career information videos and a choice of related STEM based tasks.

Choices, choices, choices...

As everyone has differing experience with video production, and we'd like to have a diversity of people, we've come up with 3 different engaging formats that will be used across the meal plans. You are able to film yourself, or have others help you. Each video should be 3 minutes or less - pick a format you're comfortably able to create and then email it to inbox@stemillions.club.

What can I use to film my story?

Either [Snapchat](#) or your phone camera can be used. If you've got something that films at higher quality, that would be preferable. Most iPhones shoot in high definition, and quite a lot of new Androids do too.

Snapchat can be downloaded from your App store, where you can film 10 second videos at a time. Once you have filmed these, you'll need to [Save your Story](#), then [Export your Story](#) and email it to inbox@stemillions.club.

HELP! I'm not sure I can do this.

That's fine. We're not all Shonda Rimes, we get it. You can ask some colleagues or peers to help volunteer and help you create this. Or, email us on inbox@stemillions.club and we can find a Stemillions club near you who can help you create it over a lunchtime or during their afterschool club.

Option 1: Snapchat / Phone Video

If you've been able to download Snapchat, then record each of these in Snapchat and share them to your story to create a seamless video.

If you've not been able to get Snapchat working, then record/take a photo of each of these in **Portrait** (*longer down than wide*) on your phone camera.

Snapchat format: 10x10secs.

1. (Photo) Your morning view, with a timestamp filter applied.
2. (Video, 10 sec) Selfie vid of you saying hello, where you are that morning, what you do and the company you work at.
3. (Photo) Your commute - the view of of your train window or from the bus, or of your feet. Add a large emoji of the method of your commute.
4. (Video, 10 sec) Your desk. Caption with your 'work motto' or 'life motto'.
5. (Photo) A selfie with your manager. Smiling? Or with your deputy. Caption with the amount of time you've been in the role.
6. (Photo/Video, 10secs) Your lunch! Caption with whether it's free or NomNomNom.

7. (Photo) A photo of your OOTD (outfit of the day) in the mirror at the toilets at work. Caption #iwokeuplikethis
8. (Photo/Video, 10secs) A selfie of you with your thumbs up, at the end of work. With a timestamp filter applied.
9. (Photo/Video) Your evening activity/book you're currently reading.
10. (Photo of a black screen - hold your thumb over the camera) With a timestamp and either bed or zzzz emoji.

Option 2: Draw my Life - Questions we'd like you to answer with pictures.

For this, you'll need some plain paper, or a whiteboard and some marker pens. Examples are available on this [Youtube Channel](#), and the concept also has a [Wikipedia page](#).

You'll want to pick 10 of these pictures (#16 is compulsory), then film your canvas while you draw them, and then narrate what each is and what the significance is for the story of your life.

Picture 1 - Place of birth/birth date

[Picture of hospital/place of birth/you as a baby]

Picture 2 - Childhood - What were you like growing up?

[Picture of you as a child and what you used to do/games you liked to play etc]

Picture 3 - Your Friends and Family

[Picture of your best friend and you/the games you used to play or what you used to get up to/Family members, hierarchy or family tree]

Picture 4 - Primary school - What were your favourite subjects?/What was your dream job?

[Picture of your primary school/in your favourite lesson/or what your dream job was]

Picture 5 - Secondary school - What did you want to study at GCSE/A-Level/University?

[Picture of you in a subject at school that was gonna lead you to a possible career choice]

Picture 6 - Did you go to university? What route did you take instead? What did you study at university? What was your experience at university?

[Picture of you at University/with friends or at an event/or the route you decided to take instead]

Picture 7 - Obstacles you may have faced during this time (stress of school/exams etc), what you did to overcome them?

[Picture of yourself and your obstacle - what you did to tackle it]

Picture 8 - Favourite holiday? Do you like travelling? What are your favourite places to travel to?

[Picture of you on a plane/in your favourite country/places you have been or wish to travel to]

Picture 9 - People who inspire you, why? Have they played a part in the decisions you have made throughout your life?

[Picture of your role model/quoted quote]

Picture 10 - Facts about you!

[Picture related to the weird/wacky/quirky fact about you that not many people know about]

Picture 11 - Favourite TV show/Movie/Book/Music/Food/Animal/Season etc

[Picture of your favourite thing e.g. animal/music: and why it is your favourite e.g. beautiful majestic animal/represents /my favourite music because it relaxes me/reminds me of my favourite time when...]

Picture 12 - What do you do in your free time? Hobbies/interests

[Picture of what you love to do in your free time e.g. pic of favourite book/concert attended perhaps/meal they love to cook or fave bake)

Picture 13 - Where do you work now? Company/job title/responsibility (was this your dream job when you were little?)

[Picture of your job and what you do/ why you love it]

Picture 14 - Where do you see yourself in 5/10 years time?

[Picture of where you would like to see yourself in 5 or 10 years/what are your aspirations in life? Do you want to start your own company one day? What kind of company]

Picture 15 - Any advice/life motto you would like to share

[Picture of a quote/motto speech bubbled]

Picture 16 - Thanks for watching/The End

Option 3: Stemillions (Video) Tag - Stemillions related questions

This is the easiest option. A 'Tag' is a video where you answer lots of questions. Stemettes cofounders Anne-Marie & Jacquelyn did a '[Friendship](#)' Tag here, this is someone's '[Career Tag](#)'. We've created our own 'Stemillions' tag for you.

Send us a film of your answers (include bloopers if you like) and we'll edit it down to 3 minutes.

- 1) What is your favourite chocolate bar? (If you don't like chocolate, say so)
- 2) Which app can you not live without?
- 3) Would you rather build a rocket to space or spaceship underwater?
- 4) Which languages can you speak?
- 5) Where would you live if you could live anywhere in the world?
- 6) What is your greatest fear?
- 7) What is your ideal birthday present?
- 8) What is your favourite cheese?
- 9) Do you prefer or sweet or savoury?
- 10) Would you rather fight a 100 duck sized horse or a horse sized duck?
- 11) What is your signature dish?
- 12) What was your fave dish growing up?
- 13) Do you have any siblings?

- 14) Who is your hero?
- 15) What was your favourite subject at school?
- 16) Where do you work today?
- 17) What was the last thing that didn't go to plan?
- 18) What is your favourite colour?
- 19) What is your pet peeve?
- 20) Do you have a favourite motto you live by?
- 21) If someone wrote an article about you, what would be your ideal headline?;
- 22) What is your favourite movie?
- 23) What is your dream job?
- 24) Where did you meet your best friend?
- 25) What is your favourite part of STEM?
- 26) What does a typical day look like for you? E.g. last Tuesday
- 27) How long were you in education for?
- 28) Tell us about some of your best job perks
- 29) Does your job have any downfalls?
- 30) What do your parents think of your job?
- 31) Do you have children?
- 32) Do you consider yourself a good role model?
- 33) Who inspires you?
- 34) When you were younger what did you think you'd be?
- 35) Could you ever be vegan?

Submission

So you have your 3-minute film and it is ready to submit. Congratulations!

Send it over to the Stemettes HQ at inbox@stemillions.club where we will edit and polish it up.

Thank you for being part of Stemillions!

