



# Dr Charlotte Lee

First released for Outbox 2021

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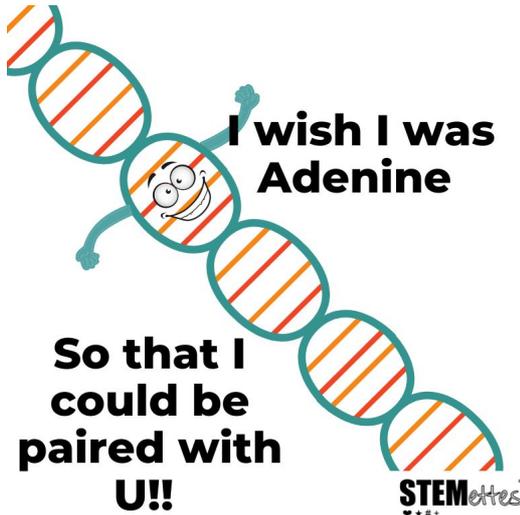
Meal Plan  
**#119**  
60 mins

## Starters 5-10 mins

Snack, Cackle & Pop..... 2 mins

Snack: Grab a snack before beginning

Cackle:



Pop: Stemillions playlist on Spotify:

[bit.ly/stemillionsplaylist](http://bit.ly/stemillionsplaylist)

Meet Her..... 5 mins

I am a medical scientist currently working at a company providing education and advice to doctors and patients. I used to work as a scientific researcher at a hospital in London – here I spent 4 years researching how to transplant liver cells into children with damaged livers. My job was to try and keep the cells alive and functioning for as long as possible. The patients liver would then have time to recover and then function normally without needing a transplant.

Discuss:

- ★ What do you think of Dr Lee's job?

## Mains 20 mins - choose ONE only

MAKE..... 20 mins

**Ingredients:** Internet access

Dr Lee is a Medical Science Liaison. This means they concentrate on a specific disease state:

- ★ Oncology
- ★ Cardiology
- ★ Stomach and intestine illnesses
- ★ Infectious diseases

Choose one of these areas and research it so you can be like Dr Lee. Research your area to find out:

- ★ What does the title mean?
- ★ What are some common illnesses?

Make a presentation about your chosen topic.

EXPLORE..... 20 mins

**Ingredients:** lot's of string, scissors, tape measure

Dr Lee works at Ferring Pharmaceuticals who specialize in gastroenterology, this is the branch of medicine focused on the digestive system. In this activity we will look at the length of each section of the digestive system:

- ★ Mouth = 4 inches
- ★ Esophagus = 10 inches
- ★ Stomach = 8 inches
- ★ Small intestine = 23 feet
- ★ Large intestine 5 feet
- ★ Rectum = 5 inches

Get a piece of string and measure out each of the lengths so you can see how far your food had to travel through your digestive system.

Ask Them..... 2 mins

Got a question? Ask Away! [bit.ly/Ask-Away](http://bit.ly/Ask-Away)

Digest..... 2 mins

Digest this Meal Plan - fill out the feedback form.

## Desserts 5 min

Share with us ..... 1 min

Upload photos on [Twitter](#) or [Instagram](#) and tag @Stemettes and #Stemillions.