

# Meet Guide #3:



## Networking & Making Connections

Last meeting, our mentees learnt how to introduce themselves with confidence. As, our suggested activities this week are on how to network and make connections with others.

Throughout this programme both mentors and mentees will have the opportunity to attend networking events and grow their own network. This week's activities will help prepare mentees for this.

If you have any questions, please get in touch with us in Microsoft Teams.

### ? Why is Networking Important?

- Networking is a really important skill but it can sometimes seem a bit daunting
- With your mentee, discuss some of the benefits of networking
- There are some suggestions below:

More career and learning opportunities

Opportunities to ask for advice

Gain different perspectives

Build your confidence talking to new people



### Share your Wisdom!

- Mentors - Do you have an example of a time when networking helped you in your studies or in your career?
- Is there anyone in your network that could help your mentee reach their goals?

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### Preparing for Networking Events

Work through the points below together and share your thoughts.

#### What to Wear?

- You should look as smart as you are!
- Mentors: what would you wear to a networking event?

**Remember:** Many networking events may now be virtual...

#### What to Say?

- Brush up on how to introduce yourself from last meeting
- Keep eye contact and be confident!
- Ice breakers- think about how to keep the conversation going after asking 'What do you do?'

#### Make a Plan

- Work together to think about what your aims for the networking evening could be
- E.g. Say hello to five people, mention your career plans to two people, ask three people about their interests...

#### How to Follow Up

- How soon after your first meeting do you follow up?
- What do you say?
- You can get in touch with people through email or through LinkedIn



### Before you Finish...

- Set your next meet up date and time
- Claim your points for this meetup and a fun selfie screenshot through the link in Teams
- If you're posting on social media, tag us and use #studenttostemettes
- Check out our [Zine Article](#) for more networking tips

