



Starters 10 mins

Announcements..... 3 mins

Nearby STEM events & competitions (check out 'Upcoming Events' on OtotheB app), announce club member achievements and welcome new members.

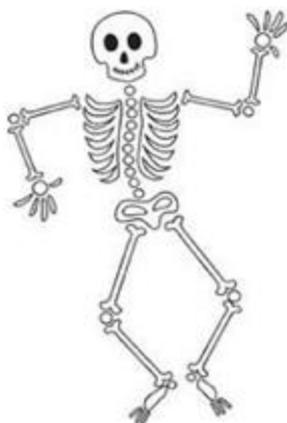
Snack, Cackle & Pop..... 2 mins

Eat: Popcorn. Yummy!!

Listen: 'Talk Too Much' by COIN

Science Joke:

How do you make a skeleton laugh?



Tickle it's funny bone

Meet Her..... 5 mins

'Graduate in Biomedical Science and Health Science. Currently working in Oxford, as a LIMS Implementation Project Representative. I am also a Motivational Coach, coaching young girls and women in areas of their lives that need improving and helping them build their self-confidence, self-esteem and personal development.'

Watch: [Meet Efe here](#) (2 mins)

Discuss: (3mins)

- ★ From the video, did you and Efe like any of the same things?
- ★ What is biomedical science?
- ★ What is an organ (not the musical kind)?

Mains 15 mins - choose ONE only

MAKE..... 15 mins

Biomedical scientists focus on how cells, organs and systems function in the human body. Either draw a simple human body outline or if you have a big piece of paper, one member lie down on a piece of paper and trace around them. Draw the following organs on the body in the correct place:

- | | |
|-----------|--------------|
| ★ Brain | ★ Bladder |
| ★ Heart | ★ Liver |
| ★ Lungs | ★ Intestines |
| ★ Stomach | ★ Kidneys |

BONUS: which organs work together for each organ system?

- ★ Digestive System
- ★ Respiratory System
- ★ Nervous System

Post your creations into MightyNetworks for extra points.

EXPLORE..... 15 mins

Efe also helps to build people's self-confidence. Choose an organ to research, create a short, 1-minute presentation about this organ, present back to the club what you found out.

Desserts 5 mins

Share with us 2 mins

Upload a photo of your MAKE or summary of your EXPLORE to the online forum. Or tweet/instagram it (remember to tag us @stemettes).

Ask Her..... 2 mins

Post any Questions to the Agony Aunt Topic in MightyNetworks.

Digest..... 2 mins

Do the #037 Digest on OtotheB and MightyNetworks or bit.ly/digest037