



Karisma Parkinson

First released for Outbox 2020

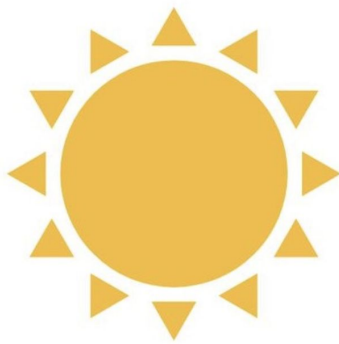
Starters 15 mins

Snack, Cackle & Pop..... 2 mins

Snack: Before we begin, grab a snack!

Cackle:

Why did the sun go to school?



To get brighter



Pop: Stemillions playlist on Spotify:

bit.ly/stemillionsplaylist

Meet Her..... 5 mins

Karisma is currently a Communications Lead at GT&O Bank of America. She loves organising events, shoes, yoga & cooking. Karisma's first professional job was Project Office coordinator at Barclays. Her inspirations are Nikita Gill, Michelle Obama & Stemettes. When she was 7, Karisma wanted to be a Potions Maker, Newsreader or Author.

Discuss:

- ★ Do you have any hobbies in common with Karisma?
- ★ Who are your inspirations?

Mains 40 mins - choose ONE only

MAKE..... 40 mins

You will need: pens, plain paper, colouring pencils.

Karisma works with cool new tech and has a very busy schedule. Design a robot that can help Karisma around the home. Draw out your robot and tell us what each piece does. Think about:

- ★ What activities can the robot help with?
- ★ Will it help others in the home?
- ★ How big is this robot?
- ★ What is it called?

EXPLORE..... 40 mins

You will need: pens & paper.

KP works with many companies to diversify the tech workforce. Create a poem, song or rap about a woman in tech. You will need to do a little bit of research on each woman. Try to find out:

- ★ Which company does she work for?
- ★ What is her job?
- ★ Where did she grow up?
- ★ Why do you think she is cool?

If you don't know which woman in tech to choose, here are some you could do:

- ★ Karisma Parkinson
- ★ Sheree Atcheson
- ★ Anisah Osman Britton
- ★ Angela Taylor
- ★ Shivvy Jervis

Record your creations or take a photo of your lyrics and send them to us.

Desserts 5 mins

Share with us 1 min

Upload photos on [Twitter](#) or [Instagram](#) and tag @Stemettes and #Stemillions.

Ask Away..... 2 mins

Got a question? Ask Away! bit.ly/Ask-Away

Digest..... 2 mins

Digest this Meal Plan - fill out the feedback form.